



Evelyn Billings
Archdiocese of Melbourne

Dr Evelyn L Billings, AM, DCSG, MBBS (Melb), DCH (Lond), doctor, paediatrician, wife, mother of 9, grandmother of 33, great grandmother of 29. In 1966 she joined her husband, Dr John Billings, in his research on the Billings Ovulation Method™. Her studies on breastfeeding mothers and women approaching the menopause made a major contribution to the work. For half a century they travelled the world teaching and promoting this method of natural fertility regulation in faithfulness to Pope Paul VI's call to "men of science (and) physicians (to) be obedient to the Lord's call and to act as faithful interpreters of His plan."

Personal friend of three Popes, in 2003 Lyn was made a Dame Commander of St Gregory the Great by Pope John Paul II and she remains a corresponding member of the Pontifical Academy for Life. She has been recognised with Honorary Doctorates from universities around the world, including ACU. In 2002, Drs John and Lyn Billings were jointly declared International Catholic Physicians of the Year by FIAMC.

Happily married couples in more than 100 countries bear testament to the wonderful work of this selfless woman and her husband. In China alone, where they trained thousands to teach their Method, a substantial drop in the abortion rate has been attributed to their work.